Lent 2025

Location Key: STP = S

STP = St. Therese Parish 9525 W Bluemound Rd

SVP-E = St. Vincent Pallotti East Church 5424 W Bluemound Rd

SVP-W = St. Vincent Pallotti West Church 201 N 76th St

Lenten Observances for Fast and Abstinence

The Catholic Church asks each member to preserve the penitential character and purpose of Lent. For this reason:

- Catholics who have celebrated their 14th birthday are bound to abstain from meat on Ash Wednesday and each Friday of Lent.
- Catholics who have celebrated their 18th birthday, in addition to abstaining from meat, should fast on Ash Wednesday and
 Good Friday. Hence, on those days they should eat only one full meal. Smaller quantities of food may be taken at two other meals, but no
 food should be consumed at other times during those days. The obligation of fasting ceases with the celebration of one's 59th birthday.

Catholics should not lightly excuse themselves from these prescribed minimal penitential practices.



Ash Wednesday - March 5

We will celebrate Mass with distribution of ashes at the following times and locations:

- 6:25AM at SVP-E
- 8:00AM at Pius High School
- 12:15PM at STP Note: (We will NOT have evening Adoration or Mass that day.)
- 6:30PM at SVP-W

All are welcome to attend any of these Masses!

Lenten Reconciliation Opportunities

SVP-W: 11:00-11:45AM on Thursdays

3:15-3:45PM on Saturdays

SVP-E: 6:45AM - 7:15AM on Sundays (Enter at Northwest Door)

STP: 11:00-11:45AM on Fridays Sunday, April 6 at 8:15AM

Private Confessions by Appointment. Call either Parish Office



Go to www.archmil.org/Pray-Reconcile-Rejoice for locations and hours



SVP-W: 11:30 on Thursdays SVP-E: 6:30pm on Fridays STP: 5:30pm on Wednesdays

Noon on Fridays

Sunday, March 16 at 10:00AM and Sunday, March 30 at 10:00AM

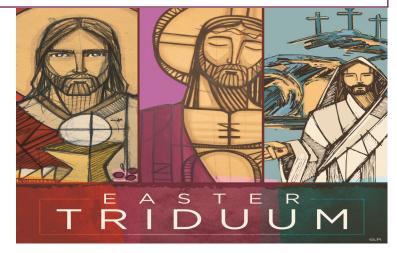
Join Us at Our Lenten Mission
March 30 at SVP-W and March 31 at STP
Join us at 6:30PM both evenings.

We all have false idols that prevent a right relationship with
God. We need rigorous self-examination to root out those
weedy patches of our souls. As symbols of hope, seeds
remind us that sacrifice is necessary to bear good fruit.

Weeds & Seeds:
Tending the Garden of Our Heart
Watch the bulletin and website for
Lenten Mission - 2025 details! RSVP using the QR code.

Lenten Giving 2025

This year we will be collecting money to provide dinners for the guests at the Guest House. There will also be an opportunity to prepare and serve the meals as well. If you'd like to donate, be sure to label your envelope "Lenten Giving" before placing it in the collection or mailing it to either parish. If you are writing a check, make it out to either St. Therese Parish or St. Vincent Pallotti Parish and put "Lenten Giving" in the memo line. Questions? Call either Parish Office.



Holy Thursday Mass of the Lord's Supper: April 17 - 7:00PM at STP Good Friday Liturgy of the Lord's Passion: April 18–2:30PM at SVP-E (Stations at 2:00PM)

Holy Saturday Easter Vigil: April 19 – 8:00 PM at SVP-W **Easter Sunday:** April 20 – 7:30 AM at SVP-E, 9:00 AM at STP, 10:30 AM at SVP-W



Fr. Tom PC , SAC St. Vincent Pallotti Church 201 N 76th Street Milwaukee, WI 53213

St. Therese Parish 9525 W Bluemound Rd Milwaukee, WI 53226

Dear Brothers and Sisters in Christ,

We will soon enter the season of Lent (March 5-April 17). It is a time for hope and determination: **hope** that God's grace may touch us and **determination** to engage seriously in the work of moral and spiritual renewal.

The great challenge in Lent is to address the sin in our lives. Sin can take many forms from self-indulgence or impurity to a habit of criticizing others or refusing to reconcile with someone. It can be long-held prejudices against people of another race, religion, or origin or the tendency to lie to get what we need. These sins can be embedded deeply, seeming to be part of who we are, but God offers us help. We need an honest talk with ourselves about doing God's will, then we must admit that we have not been able to overcome our sin by our own efforts. We must implore God's help each day in our prayers.

The Sacrament of Penance has great value in this effort, for it not only forgives sin but, if received sincerely, it keeps us from hardening in sin. Some sins require frequent confession to loosen its hold on us. The traditional Lenten practices of prayer, fasting, and almsgiving serve us well in overcoming our sin and living with greater integrity as people of God.

Prayer is a daily lifeline that connects us with the One who creates, redeems and loves us. Whether through traditional prayers or in our own words, God listens to us in prayer. Prayer gives God the opportunity to respond to us. From daily Mass to the Rosary, to Centering Prayer, to the Stations of the Cross, to Eucharistic Adoration, the Church encourages us to connect with God in this special way.

Stations of the Cross are a powerful way to walk alongside Jesus and experience the pivotal moments from His sentencing to His death and burial encountering Him like never before. Praying the Stations of the Cross reminds us that we are not alone in our suffering: Jesus suffers with us.

Fasting is like a silent prayer saying we recognize our need for God above all else. Whether we fast from food, a form of entertainment, or from buying something, it shows that we hunger more for God's Word than for bread.

Almsgiving, or doing good work for others, brings us closer to God. Good work takes the focus away from ourselves and the self-centeredness that is at the heart of all sin and helps connect us to God at a deeper level.

We do these things so that we may live our Christian faith with greater integrity and at the end of Lent, celebrate the Lord Jesus' death and resurrection with true joy. Please plan to participate in these personal walks with Jesus during Lent. Come, just as you are; God is calling you.

Faithfully yours in Christ,

Fr. Tom PC, Pastor