



Lent 2025

			WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			5 MARCH ASH WEDNESDAY How will you turn to God and change your life this Lent?  <i>Psalm 51: 12</i>	6 Deny Yourself What must you leave behind to follow Jesus more closely this Lent? <i>Luke 9:23</i>	7 <i>Sts. Perpetua and Felicity</i> Fast from Food Share some food today with those who are poor and hungry.  <i>Isaiah 58:7</i>	8 <i>St. John of God</i> Listen to Me, O God Take some time to lift your voice to God in prayer. <i>Psalm 86:1-2</i>
SUNDAY	MONDAY	TUESDAY				
9 Not By Bread Alone Pray to trust God to help with your needs? <i>Luke 4:4</i>	10 Love Your Neighbor as Yourself How might you be more loving to others today? <i>Leviticus 19:18</i>	11 Jesus' Prayer Take time to say the Our Father and let it become your own prayer to God. <i>Matthew 6:9-13</i>	12 Have Mercy, O God How might you best make reconciliation with someone today? <i>Psalm 51:3-4</i>	13 Give Good Things How might you imitate God's great generosity and give to others? <i>Matthew 7:7-11</i>	14 Fast from Anger Pray for someone with whom you are angry and let your anger go.  <i>Matthew 5:23-24</i>	15 Love Your Enemies How might you respond to Jesus' call to greater love for others? <i>Matthew 5:43-45</i>
16 Listen to Jesus! How can I listen more carefully to Jesus' words? <i>Luke 9:35</i>	17 <i>St. Patrick</i> Stop Judging Strive today to be less judgmental about others and their actions. <i>Luke 6:37</i>	18 <i>St. Cyril of Jerusalem</i> Hear God's Word How might you find more time to listen to God's Word for you today? <i>Isaiah 1:10</i>	19 <i>ST. JOSEPH</i> Accept Jesus! Like Joseph, take Jesus into your home to be the center of your life. <i>Matthew 1:18-21</i>	20 God Probes Our Heart Be with Jesus as he reveals what you need to draw closer to him. <i>Jeremiah 17:10</i>	21 Be a Good Steward God expects you to care for the gifts you have been given.  <i>Matthew 21:43</i>	22 Father I Have Sinned Like the prodigal son, let us go to God to ask for forgiveness. <i>Luke 15:21</i>
23 God Comes to Save God hears our prayers and comes to rescue us. <i>Exodus 3:7-8</i>	24 Thirst for God Be attentive to how much you want to draw nearer to God this Lent. <i>Psalm 42:3</i>	25 THE ANNUNCIATION Trust in God! Like Mary, trust that nothing is impossible for God. <i>Luke 1:37-38</i>	26 Obey God's Commands Which commandment do you most need to attend to today? <i>Matthew 5:19</i>	27 Listen to God's Voice What has God most been prompting you to do this Lent? <i>Jeremiah 7:23</i>	28 Fast from Idolatry How might you put God first in your heart and in your life?  <i>Mark 12:29</i>	29 God Will Heal Us From what do you most want to have God heal you today? <i>Hosea 6:1</i>
30 Ambassadors for Christ With whom might I share what Jesus means to me? <i>2 Corinthians 5:20</i>	31 A New Creation How has God been working to create something new in you this Lent? <i>Isaiah 65:1-2</i>	1 APRIL Do You Want to Be Well? Ask Jesus to heal what ails you most in body or spirit. <i>John 5:6</i>	2 <i>St. Francis of Paola</i> I Cannot Forget You Like a mother, God cannot forget you and will always be with you. <i>Isaiah 49:15</i>	3 The Father Sent Me How might you respond to Jesus' presence to reveal God to you? <i>John 5:37-38</i>	4 <i>St. Isidore</i> Fast from Ignorance Spend time today learning more about Jesus and his message.  <i>John 7:28-29</i>	5 <i>St. Vincent Ferrer</i> Who Is Jesus? Answer for yourself who you think Jesus is and what he has done. <i>John 7:40-41</i>
6 No Condemnation Like Jesus, how might I forgive others instead of condemning them? <i>John 8:11</i>	7 <i>St. John Baptist de la Salle</i> Sin No More Now is the time to change whatever draws you away from godly ways. <i>John 8:11</i>	8 Seek God Spend time today considering where God is most at work in your life. <i>John 8:28-29</i>	9 Remain in My Word Take time to quietly ponder Jesus' words today. <i>John 8:31-32</i>	10 Recall God's Works Praise and thank God today for the beauty of creation. <i>Psalm 105:4-5</i>	11 <i>St. Stanislaus</i> Fast from Revenge Put aside all desire to repay someone for any evil done to you.  <i>John 10:31-32</i>	12 Be Loyal Jesus, let us be loyal to God's ways even if it means hardship. <i>John 11:47-50</i>
13 PALM SUNDAY God's Suffering Servant How might you share in the sufferings of others today? <i>Philippians 2:8-9</i>	14 Bring Forth Justice How can you create right relationships (justice) as Jesus did? <i>Isaiah 42:1</i>	15 One Will Betray Me How have you most betrayed your loyalty and commitment to Jesus? <i>John 13:21</i>	16 Done for You Draw courage from Jesus who sees his suffering from God's viewpoint. <i>Isaiah 50:7</i>	17 HOLY THURSDAY My Body Given for You Share yourself and your food as Jesus did. <i>1 Corinthians 11:23-26</i>	18 GOOD FRIDAY Behold, the Man! Spend time today contemplating Jesus in his last hours.  <i>John 19:4-5</i>	19 EASTER VIGIL He Has Been Raised! Let us seek the risen Christ now in our everyday lives. <i>Luke 24:5-8</i>