



St. Therese Parish

9525 W Bluemound Rd,
Milwaukee, WI 53226

sttheresemke.org
info@sttheresemke.org
(414) 771-2500
Facebook: @sttheresemke

We are St. Therese Catholic Church, a community of believers, who walk together by faith in Christ Jesus, and minister in the Little Way of St. Therese, as we strive hand-in-hand to live as God's people.

St. Vincent Pallotti Parish

East Church **West Church/Office**
5424 W Bluemound 201 N 76th St
Milwaukee, WI 53208 Milwaukee, WI 53213

stvincentpallotti.org
vpallotti@stvpc.org
(414) 453-5344
Facebook: @stvincentpallottimke
YouTube: @st.vincentpallottiparish



A Community of disciples, nourished by the Eucharist, caring for each other and reaching out to others.

September 22, 2024

Pastor of St. Vincent Pallotti Parish & St. Therese Parish

Fr. Thomas Pulikkeel Chacko, SAC
ext. 1 at St. Therese and ext. 102 at St. Vincent Pallotti
frthomaspc@stvpc.org
(414) 308-6238

St. Therese Parish Staff

Parish Emergencies (414) 771-2500 – Push 0

Office Hours: Friday and Saturday: Closed Sunday: 10:00AM-11:30AM
Mon, Tues, Wed, & Thurs: 8:00AM–12:00PM Onsite; 12:00PM–4:00PM Remote

Director of Administrative Services

Heather Goeden ext. 2
heather@sttheresemke.org

Finance Director

Christine Jensen ext. 4
christine@sttheresemke.org

Choir Director

Carrie Sanders

Organist

Kathy Luty

Catechesis Ministry

Sr. Marilyn Metz – Co-Coordinator
Preschool to Grade 8 Program:
gr2_3@sttheresemke.org

Mary Rose Sanger – Co-Coordinator
Preschool to Grade 8 Program:
mrs77stt@sttheresemke.org

Rick Reinders – Coordinator of High
School & Youth Confirmation:
rreinders@sttheresemke.org

St. Vincent Pallotti Parish Staff

Office (414) 453-5344

Office Hours: Monday through Friday: 8:30AM-3:30PM

Director of Admin & Development

Susana Cuellar ext. 109
sscuellar@stvpc.org

Director of Liturgy & Music

Carrie Sanders (414) 258-4165 ext. 107
csanders@stvpc.org

Food Service Director

Laura Ruiz-Reyes ext. 120
lruiz-reyes@stvpc.org

Secretary

Lori Gabert ext. 101
lgabert@stvpc.org

Bookkeeper

Kari Utzerath ext. 104
kutzerath@stvpc.org

Scrip Coordinator

Therese Schaefer (414) 534-3836

St. Vincent Pallotti Parish School Staff

Office: (414) 258-4165 **Fax:** (414) 258-9844

Principal

Joe Fryda ext. 111
jfryda@stvps.org

Vice Principal

Tracy Irwin ext. 259
tirwin@stvps.org

Office Manager/ Choice Coordinator

Lirse Jones ext. 112
ljones@stvps.org



Weekend Mass Schedule

Saturday 4:00PM - St. Vincent Pallotti - West
Sunday 7:30AM - St. Vincent Pallotti - East
9:00AM - St. Therese
10:30AM - St. Vincent Pallotti - West

Weekday Mass Schedule

Mon, Wed, Fri: 6:25AM - St. Vincent Pallotti - East
Tues: 8:00AM - St. Vincent Pallotti - West
Tues: 8:45AM - St. Therese
Thurs: 12 Noon - St. Vincent Pallotti - West

Sacrament of Reconciliation

Saturday 3:15-3:45PM - St. Vincent Pallotti - West
Sunday 6:45-7:15AM - St. Vincent Pallotti - East
First Sunday of the Month at 8:15AM - St. Therese
Or by appointment on weekdays

Pray the Rosary

Saturday : 3:15PM - St. Vincent Pallotti - West
Sunday: 7:00AM - St. Vincent Pallotti - East
Third Sunday of the Month at 10:00AM - St. Therese

Adoration

First Friday 6:00PM - St. Vincent Pallotti - West
Thursdays 11:30AM - St. Vincent Pallotti - West

Anointing of the Sick

After Mass on the First Full Weekend of the Month.
You can also contact either Parish Office or Fr. Tom PC on his cell phone (414) 308-6238 to arrange a visit.

Baptism, Marriage and RCIA

Please call either Parish Office.
Preparation can take nine months or more

Funerals

Contact either Parish Office to plan.

Parish Pastoral Council

1st Tuesday of the Month at 6:30PM

To contact a Parish Pastoral Council Member, send an email to council@sttheresemke.org or leave a message for them in either parish office. Meeting minutes are available in the parish offices.

Chairperson

Art Nennig

Vice Chairperson

Brett Surinak

Secretary

Jennifer Tierney

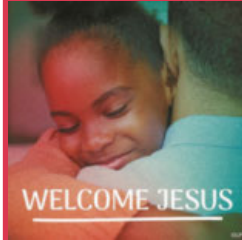
Trustees

- Dennis Ferger – STP (414) 546-7330
- Christopher Gauthier – SVP (414) 302-1033
- Kathy Hubrich – STP (414) 839-2669
- Lenny Schaefer – SVP (414) 534-1450

Members-At-Large

- David Helterbran Linda Okruhlica
- Sr. Marilyn Metz Tom Ratkowski
- Mary Noeske

Saint Vincent de Paul
(414) 462-7837



When I was a wet-behind-the-ears seminarian, I was sent for an immersion with the poor. For one month, I lived in a home for adults with developmental disabilities. It was a challenge for me because the residents had significant communication issues. A 30-year-old man there named Robin was totally deaf and mute. He had Down's Syndrome. He looked like a Viking, with a shock of red hair and a fine beard. But I felt awkward and disconnected from him. All my normal ways of interacting failed. I resigned myself to the fact that we'd never connect.

Then one morning something amazing happened. He was on the living room floor quietly playing with toys. Watching him from a chair, I sensed Jesus' words float into my mind, "Whoever welcomes one such child in my name welcomes me, and whoever welcomes me welcomes not me but the one who sent me" (Mark 9:37). I thought, "Jesus, you must somehow be in Robin." I sheepishly made sure no one else was in the room, and then I spoke in a clear voice: "Jesus, are you there?" Robin did not turn to me and say, "Hi, John. Yes, it's me, Jesus." He kept playing with his toys in silence.

But something changed in me. From that moment on, it was easier to just be with Robin, to joke around with him, to try sign-language with him, to let him be himself, and for me to be myself. His "disabilities" were no longer obstacles to overcome. He became just Robin, my friend.

Who in your life seems awkwardly distant or uncomfortable to be with? Next time you see him or her, quietly invoke the name of Jesus, and see how the barriers disappear in you. — *Father John Muir* ©LPi

Hospital Visits

The Federal Privacy Regulation (HIPAA—Health Insurance Portability & Accountability Act) prohibits hospitals from informing churches of a patient's presence unless the patient gives permission for the hospital to do so. If you are admitted to a hospital and would like a pastoral visit, please contact either Parish Office.

Prayer List for Mass

It is our privilege to pray at our weekend masses for those in need. If you would like to add a name to the list, please contact either Parish Office.

Need Prayer?

Call the Prayer Network at (414) 810-9844

Need Holy Communion?

Call either Parish Office

Feast of St. Therese: October 6

Mass at 10am

Lunch and Raffles following Mass

There will be no 9:00am Mass at St. Therese and no 10:30am Mass at St. Vincent Pallotti.

We will have a guest speaker at Mass who will share about the life of St. Therese – Fr. Michael-Joseph of St. Thérèse OCD, a Carmelite Friar from Holy Hill – and the combined choir will sing.



We will have a complimentary lunch following Mass. Please **RSVP by September 23 on the St. Therese website: sttheresemke.org or by calling the Parish Office at (414) 771-2500** so we can plan to have enough food for everyone. If you are willing to make soup for our lunch, please indicate that when you RSVP.

There will be assorted gift baskets that we are raffling off as well as a 50/50 cash raffle. Raffle winners will be pulled around 12:30PM.

If you can't make it for the entire celebration, come for the part that fits your schedule.

Invite your family, friends and neighbors to join us! All are welcome!

Bulletin Deadline:
Monday, 8:00AM

Announcement Deadline:
Thursday, 8:00AM

All submissions must be in writing to either Parish Office; email preferred.



Thank You!

Thank you to all of the sellers, bakers and buyers for the Trunk of Treasure fundraiser. \$200 was raised for St. Therese Congregation. PS, there was a lot of donating and rounding up from all. Many thanks.



The Cookie Sale is Back!

Save the Date

Our famous cookie sale is back this year on Saturday, December 14. Like last year, we will ask for volunteer bakers to drop off their fabulous cookies and the Cookie Committee will pre-package one pound containers. More

information coming. Sign ups and preorders begin in November. We really need bakers this year! Please consider baking. Call Mary at (414) 425-2028 with questions.

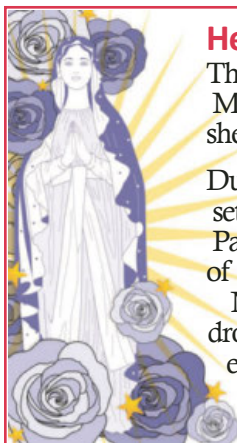


St Therese Reuniting Us As "...One Nation, Under God..." Prayer Service

Thank you to all that attended the "... One Nation Under God..." prayer service last weekend. Our next Prayer Service is scheduled for October 20th in the Chapel after the Sunday mass. Please mark your calendars and join us. We look forward to seeing you there.

Home Visit Ministry

Father PC is resuming home visits when he returns from India in October. If you are interested in having a home visit with Father PC so that he can get to know you and to bless your home, go to the St Therese website (www.sttheresemke.org) or call Heather in the Parish Office. Once you choose a time, someone will follow up to confirm your appointment.



Help Us Honor Mary this October

The month of October was chosen to honor the Holy Mother, Mary, in thanksgiving for her protection that she gives the Church in answer to the praying of the rosary.

During the Month of October, there will be a prayer area set up in the back of the church with our statue of Mary. Parishioners are invited to bring in different representations of Mary that we could display along with our statue of Mary. The items should be easy to carry/move. You can drop off your small statues/figurines, drawings/paintings, etc. at the Parish Office during office hours and we will add them to the display. If you have any questions, please contact Heather in the Parish Office.

Cross Bearers Needed

We have begun to add more ritual to our Masses at St. Therese. The processions at the beginning and end of Mass are now led by a cross bearer. This ministry role has been added to the on-line sign up. You can also sign up by calling the Parish Office.

What does this ministry require? You lead the procession to the altar at the start of Mass and back out again at the conclusion of Mass. Specific details are available for those interested.

Please consider participating in this ministry. Questions? Call Heather in the St. Therese Parish Office.

Revised Weekday Mass Schedule

While Fr. PC is in India, we will **NOT** have Wednesday Evening Adoration and Mass. **Starting on Wednesday October 2**, Adoration will begin at 5:00PM with Mass following at 5:30PM. If you have any questions, please contact the St. Therese Parish Office.

Please Help Us Keep Our Prayer List Current

It's time to update our prayer list. If you have submitted a name for the prayer list for the General Intercessions at mass and want that name to **remain** on the list, please contact Heather Goeden by September 23.

Tuesday Morning Bible Study Has Resumed!

Sr. Ann Christine has resumed our Tuesday morning Bible Study. It is held in the St. Therese Room in the Parish Office after the 8:45AM Mass. All are welcome to join us!

Schedule a Mass Intention in Memory of a Loved One

Please consider donating a mass intention in memory of a loved one or in celebration of a special event. Most weekend Masses are scheduled for 2024, but there are many weekday Masses open. To donate, please contact Heather Goeden in the Parish Office.



Looking to donate online? Use the QR Code on the right to make a contribution to St. Therese Parish on our online giving website. Thank you for your generosity.



2024 CSA Update

We are at 62.42% of our goal of \$23,837 with 23.8% of the parish participating. Help us reach our goal! Any gift is needed and welcomed no matter the size.

Thank you!



Scan to see the 2024 Catholic Stewardship Appeal video and learn how your gift does God's work in the Archdiocese of Milwaukee. To donate, visit www.catholicappeal.org, text APPEAL2024 to 414-348-8380 or mail your check to the Catholic Stewardship Appeal, 3501 S. Lake Drive, St. Francis, WI 53235.



CHURCH SUPPORT

Collection Totals will be reported on the second weekend of the month.

Please remember St. Therese in your will!

9:00AM Sunday Mass Live-Streamed on our Facebook page. It is also posted on our website after Mass.

Like us and follow us on Facebook @sttheresemke!



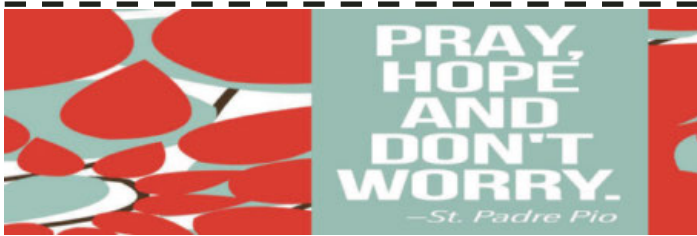
A special thank-you to Fr. Leon Martin and Fr. Joe Dominic for their help with our Mass celebrations over the past several weeks while Fr. Tom PC was away. *Thank you both!*



Fr. Tom PC will return on the weekend of September 28-29 to celebrate Mass with us. *Welcome Home Fr. Tom!*



There are weekday Masses still available in 2024 for Mass Intentions, and for 2025, there are also weekends that are available. You may request a Mass (Intention) for almost any need or occasion; for example: for the intentions of another person (such as on a birthday or anniversary), for blessings on them, in thanksgiving, or, as is most common, for the repose of the soul of someone who has died. A donation of \$20 is requested for each Mass Intention. Please call the Parish Office for assistance. (414) 453-5344



10:30AM Sunday Mass Live-Streamed and Recorded

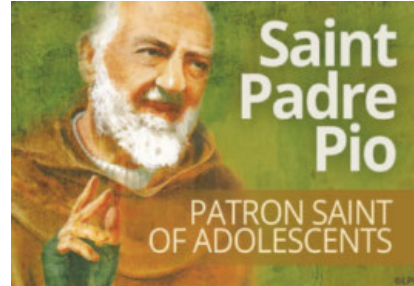
Find the link under "Mass Times"
Also available on YouTube.



For an on-line copy of our weekly combined bulletin, please refer to our website at: www.stvincentpallotti.org

The **Stewardship Parish Support** table will be posted on the second weekend each month showing the entire previous month's contributions. *Thank you for your contributions!*
Please remember St. Vincent Pallotti in your will.

Did You Know???



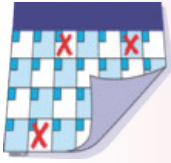
St. Pius of Pietrelcina | September 23

Best known as Padre Pio, St. Pius was born Francesco Forgione in 1887 in Pietrelcina, Italy. As a young boy he suffered many illnesses including typhoid. He joined Capuchin Franciscans at 15 and took the name of Pius or "Pio" in honor of Pope Pius I. He was ordained in 1910, and at this time he received the marks of stigmata, the wounds of Christ, but they eventually healed. Frequent illnesses continued to plague him as a young man.

Padre Pio served in the Italian Medical Corps during World War I, but he was discharged early because of illness, which was likely tuberculosis. He was assigned to the friary in San Giovanni Rotondo. In 1918, while continuing to serve at the friary, the stigmata appeared again, and this time remained until his death.

Many faithful came to see him at the friary, his days were long, beginning with Mass at 5:00AM then hearing confessions all day with breaks to bless the sick. A simple man, content to do God's will on earth and with the ardent desire to serve the sick and poor in whom he saw Christ, he urged a hospital, Casa Sollievo della Sofferenza (House for the Relief of Suffering), to be built in San Giovanni Rotondo. It opened in 1956.

Padre Pio died at the age of eighty-one in 1968 and in 2002 Pope John Paul II proclaimed him "St. Pio of Pietrelcina."



Events for the Week

STP = St. Therese Parish SVP-E = St. Vincent Pallotti East Church
SVP-W = St. Vincent Pallotti West Church

Sunday, September 22

Birthday Weekend and SVDp Collection at SVP
CSA In Pew Weekend at STP

- 7:30AM Mass at SVP-E
- 9:00AM Mass at STP – Live Streamed on Facebook
- 9:15AM Children's Liturgy of the Word at STP
- 10:00AM Sunday Morning Catechesis Preschool – Grade 8 Program at STP
- 10:30AM Mass at SVP-W – Live Streamed and Posted
- 10:45AM Children's Liturgy of the Word at SVP-W

Monday, September 23

- 6:25AM Morning Mass at SVP-E
- 6:00PM St. Vincent de Paul Society Meeting at STP
- 6:00PM Craft Circle at SVP-W

Tuesday, September 24

- 8:00AM Morning Mass at SVP-W
- 8:45AM Morning Mass at STP
- 9:00AM Feast of St. Therese Planning Meeting at STP
- 9:15AM Bible Study at STP

Wednesday, September 25

- 6:25AM Morning Mass at SVP-E

Thursday, September 26

- 11:30AM Adoration at SVP-W
- 12:00PM Afternoon Mass at SVP-W
- 6:30PM Prayer & Worship Meeting at SVP-W
- 7:00PM Group 100 AA

Friday, September 27

- 6:25AM Morning Mass at SVP-E
- 9:00AM Church Cleaning at SVP-W

Saturday, September 28

- 3:15PM Confessions at SVP-W
- 3:15PM Rosary at SVP-W
- 4:00PM Mass at SVP-W

Sunday, September 29

- 7:30AM Mass at SVP-E
- 9:00AM Mass at STP – Live Streamed on Facebook
- 10:00AM Sunday Morning Catechesis Preschool – Grade 8 Program at STP
- 10:30AM First Reconciliation Preparation at STP
- 10:30AM Mass at SVP-W – Live Streamed and Posted

Intentions & Readings for the Week



September Sanctuary Candle at STP
For the Gill Family

Sunday, September 22

Readings Wis 2:12, 17-20/Ps 54:3-4, 5, 6-8 (6b)/Jas 3:16—4:3/Mk 9:30-37

Monday, September 23

Observance: St. Pius of Pietrelcina, Priest; National Migration Week
Readings Prv 3:27-34/Ps 15:2-3a, 3bc-4ab, 5/Lk 8:16-18
6:25AM (SVP-E) †Salib Faragallah (L. Faragallah)

Tuesday, September 24

Readings Prv 21:1-6, 10-13/Ps 119:1, 27, 30, 34, 35, 44/Lk 8:19-21
8:00AM (SVP-W) Living & Deceased Members of Schneider Family (P. Schneider)
8:45AM (STP) †Jerry Heinz

Wednesday, September 25

Readings Prv 30:5-9/Ps 119:29, 72, 89, 101, 104, 163/Lk 9:1-6
6:25AM (SVP-E) †Justine Mauriole (L. Faragallah)
8:15AM (SVP-W) School Mass

Thursday, September 26

Observance: Sts. Cosmas and Damian, Martyrs
Readings Eccl 1:2-11/Ps 149:1b-2, 3-4, 5-6a and 9b/Lk 9:7-9
12:00PM (SVP-W) †Gloria Czaplewski (C. Dunlap)

Friday, September 27

Observance: St. Vincent de Paul, Priest
Readings Eccl 3:1-11/Ps 144:1b and 2abc, 3-4/Lk 9:18-22
6:25AM (SVP-E) †Gloria Czaplewski (Zernia Family)

Saturday Mass, September 28

Observance: St. Wenceslaus, Martyr; St. Lawrence Ruiz and Companions, Martyrs
Readings Eccl 11:9—12:8/Ps 90:3-4, 5-6, 12-13, 14 and 17/Lk 9:43b-45
4:00PM (SVP-W) †Mary Ann Duehring (Family)

Sunday Mass, September 29 – 26th Sunday in Ordinary Time

Observance: Priesthood Sunday
Readings Nm 11:25-29/Ps 19:8, 10, 12-13, 14 (9a)/Jas 5:1-6/Mk 9:38-43, 45, 47-48
7:30AM (SVP-E) St. Vincent Pallotti Parishioners
9:00AM (STP) †Genna Dufour and the St. Therese Parish Community
10:30AM (SVP-W) †Jack Gamsky (Family)



To be included, please call either Parish Office.

Dorothy Ash, Terry Boldin, Peter Carlis, Brandon Choe, Michael Czarnecki, Nancy Dineen, Dean Doberstein, Kylie Doyne, Elizabeth and Elijah, Jan Eno, Kathleen Fugiasco, Family G, Matthew Harrison, Dan Heinz, Josette Jaeger, Mary Kirchner, Helen Klister, Julie Kross, Betty Lovinus, Rachel Lund, Debbie Martin, Kathy Manthe, Loretta Merz, Fr. Norm Oswald, Todd Ratkowski, Celeste Rau, Jacob & Jaxson Rivera, Kaity Shields, Edward Smith, Robert Szablewski, Beverly T., Dave Van de Castele, Lisa Vallone, John Wachowiak, Jean Marie Weber, Chris Wehausen





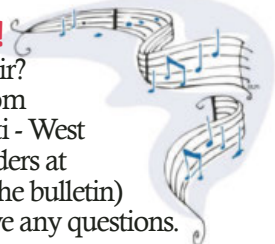
Pet Blessings

Annual Pet Blessing

Friday, October 4 is the feast of St. Francis of Assisi, the Patron Saint of Animals. To celebrate, there will be a Pet Blessing that day at St. Vincent Pallotti-West (201 N. 76th St, Milwaukee) from 4:30PM to 5:30PM in the parking lot area between the Parish Office and the Church (Door #1). All are welcome to bring their pets, no matter how big or small, to receive a blessing. Please be sure your pets are properly restrained and Father will bless them.

Choir Practice has Resumed!

Are you interested in joining the choir? Join us at rehearsal on Thursdays from 4:00PM-5:30PM at St. Vincent Pallotti - West (201 N 76th St). Contact Carrie Sanders at St. Vincent Pallotti (see the front of the bulletin) if you are interested in joining or have any questions.



From the Earth Ministry:

Our Earth Ministry wants to hear from you! For over a decade we (initially “Green Team”) have strived to fulfill our mission to “promote the Church’s teaching on sustainability and environmental social justice through education and involvement of parish members in caring for our common home—within our parish and our community.” One of our ministry’s doings is the series of bulletin articles urging prayer and personal action on topics relevant to our mission. We hope you have found the bulletin articles informative and motivating. We would love to hear from you about these articles and suggestions for environmental topics you would like us to research.



Better yet, we would be especially welcoming to new members to help us with all of our Earth Ministry endeavors. We extend a special invitation for members from SVP parish to join our ministry. We meet via Zoom once per month October through May, and normally try to do something special each year in April for Earth Day. Contact Jim Jensen (Earth Ministry Chairperson) at jjensen0309@yahoo.com or call him at (262) 391-0430.

Rosary
for Healing
& Protection

Saturday, October 5, 2024 | 10 a.m.

Archdiocesan Marian Shrine
141 N. 68th St., Milwaukee, WI 53213

Join us in praying the Rosary for all those impacted by sexual abuse. We ask the Blessed Virgin Mary to intercede with her son, Our Lord, for the continued protection of all God’s children.

The victim assistance coordinator is available to assist individuals and family members of those who have been abused by someone representing the Catholic Church 414-758-2232 or vaca@archmil.org

ARCHDIOCESE of MILWAUKEE

ZEAL
FOR THE
LORD'S HOUSE

22ND ANNUAL SEMINARY DINNER

Very Reverend Luke N. Strand
invites you to join the seminarians and faculty of
SAINT FRANCIS DE SALES
SEMINARY
for an evening of hope.

FRIDAY, OCTOBER 4, 2024
5:45 p.m. Cocktail Reception | 7 p.m. Dinner

BAIRD CENTER
New fourth-floor ballroom
405 West Kilbourn Avenue | Milwaukee

For information, visit sfs.edu/AnnualDinner
or call 414-747-6463.

RESPECT LIFE CHURCH HALL Meeting

Saturday, September 28, 2024, 9-11 a.m.

ST. MARY'S VISITATION CATHOLIC CHURCH (ATRIUM)
1260 Church St., Elm Grove, WI 53122

Optional Mass at 8 a.m.
with the Sacrament of Reconciliation to Follow

You're invited to an open forum to learn more about pro-life initiatives in the Archdiocese of Milwaukee, listen to local pro-life leaders, and discover the many ways that your parish can make a difference. Admission is free, but RSVP is requested.

<https://qrco.de/bfjFi9>

Deacon Jim Matthias, Director of the Office for Respect Life Ministry | matthiasj@archmil.org | 414-769-3454

ARCHDIOCESE OF MILWAUKEE

Catechesis Corner



- On October 6, we celebrate the Feast of St. Therese. **Please note the following changes:** Classes will be held at 9:00AM with Mass to follow at 10:00AM. The children will process in carrying a rose and put it in a vase at the altar, then return to sit with their family. Please have them meet their Catechist at the Bluemound entrance to get their rose and line up five minutes before Mass. After liturgy, please join the parish for lunch and raffle prizes.
- Our Catechesis classes have begun. If you are interested in joining our program, it is not too late. Register using the QR code on the left or contact Heather in the St. Therese Parish Office.
- Please Help.** An aide is still needed for the Sunday morning program. Invest an hour and reap huge rewards.

Upcoming Class Schedule:

- CLOW: October 13
- Sunday Morning Age 3 – Grade 8 Program: September 29
- First Reconciliation Preparation: September 29
- High School Program: October 6
- Confirmation Preparation: October 20

Parish Membership

Anyone over age 18 is invited to register as an adult member. Call either Parish Office for more information. **Why Join?** Because you will be part of a world-wide family.



From Communion to Community: Year 3 of the Eucharistic Revival

Year 3 of the Eucharistic Revival is a year of action. We are called to go forth and to proclaim the Gospel to others. But what does this mean? In the Gospel of Mark, which we have been reading on Sundays for the last couple of months, we hear this:

Jesus summoned the crowd with his disciples and said to them, "Whoever wishes to come after me must deny himself, take up his cross, and follow me. For whoever wishes to save his life will lose it, but whoever loses his life for my sake and the sake of the gospel will save it." *Mark 8: 34-35*

I wonder what I would have thought if I had been in the crowd listening to Jesus say those words. The words seem contradictory ... even in the same sentence. For a reflection this week, go back listen again to Fr. John LoCoco's Emmaus 90 Week 11 Formation Session: Become What You Receive: <https://www.youtube.com/watch?v=Gxi3FUScvuA&t=99s>



Come for a day of joy and camaraderie and be renewed and fortified in your faith on Saturday, November 16 at the Brookfield Conference Center. Doors open at 7:00AM and the program concludes with Vigil Mass at 4:00PM celebrated by Archbishop ListECKI. Take encouragement from dynamic speakers - Dr. Edward Sri, Sr. Mary Rachel Capets, OP, Fr. Michael Joseph Paris, OCD Fr. Patrick Magnor, and Mary Magnor as MC. Take part in Confession and Adoration and shop the vendor market for the perfect Christmas gifts. For more information, contact our parish liaison: Mary Jo Grant at (414) 702-7377. To register, go to www.womenofchrist.net.

Senior Planet Classes

Free Technology Education for Older Adults

10:30AM to 12:00PM in the Firefly Room of the Wauwatosa Library. **Protecting Your Privacy Online (10/1)** – Learn various ways to stay safe online. Gain practical tips and tricks to identify and manage scams, phishing and safely shop online. Don't think it can't happen to you! Gain valuable insight and leave empowered!

Catholic Charities Adult Day Center

Know a loved one who needs daytime care? Or a senior who lives at home? Members enjoy compassionate care, socialization, companionship, wellness activities. Open weekdays 7:00AM to 4:30PM at 1919 N 60th St, Milwaukee. Check out Catholic Charities ADULT DAY CENTER New members welcome - call today! (414) 771-6063 Email: ajankowski@ccmke.org



St. Matthew's Fish Boil

9329 South Chicago Road (Highway 32) in Oak Creek
Friday October 4; serving from 4:00PM to 7:00PM. Made outside in big kettles - just like Door County. Boiled potatoes, carrots, onions, delicious fish, coleslaw, bread, home-made desserts. Advance tickets \$14.50 at St. Matthew's Parish Office, Adult at-the-door, Take-outs \$15.00. Children (3-12 years) \$4.00. Need more information? Call (414) 762-4200.

Life Chain: October 6

This year's Life Chain will follow the St. Therese celebration on October 6 from 1:00PM to 2:30PM. The Life Chain is a national annual, peaceful, and prayerful public witness event where participants stand along designated streets holding pro-life signs. It's a way for individuals to express their beliefs and advocate for the protection of unborn children and all life in a respectful and non-confrontational manner. We are meeting in the St. Therese parking lot at 1:00PM. Do not worry if you are late attending or cannot stay for the entire time. We recognize that there are those that cannot stand for long periods of time so please bring a chair. Free will donations will be collected at that time for Wisconsin Right for Life. Any questions call Cathy Healey at (414) 412-7940.

A Note From St. Vincent de Paul

In today's Gospel Jesus called the Twelve, and said to them, "If anyone wishes to be first, he shall be the last of all and the servant of all." Taking a child, he placed it in their midst, and putting his arms around it, he said to them, "Whoever receives one child such as this in my name, receives me; and whoever receives me, receives not me but the One who sent me." Your gift to the Society of St. Vincent de Paul will help hungry children feel the arms of Jesus around them.



Help Yourself to Better Health

Living with a chronic condition such as arthritis, cancer, heart disease, or another on-going health problem can be physically, emotionally and financially draining.

Taking care of yourself is important. And you can! But you need the tools and knowledge to help you.

Living Well with Chronic Conditions can show you the way!

What is Living Well with Chronic Conditions? And why should I take it?

Living Well is focused on teaching you the skills to better manage your health and well-being. The workshop meets once a week for six weeks and has been studied and shown to help family caregivers:

- Short-term goal setting
- Healthy eating and nutrition: food label reading and meal planning
- Relaxation techniques
- Planning for the future
- Partnering with health provider
- Fitness for exercise & fun!
- Feedback and problem-solving
- Stress and depression management
- Communicating effectively with friends, family, and your medical team

There's a Living Well with Chronic Conditions workshop starting soon near you!

Location: Harwood Place

8220 Harwood Ave, Wauwatosa

Dates: Mondays, October 7 through November 11

Time: 9:30AM-12:00PM

To register call:

Kari at 414-479-8949

This is a free workshop.



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